



NON GLUTEN CONTAINING

BREAKFAST MENU

AVOCADO (V) £9 371 kcal

Smashed avo on toasted GF bread with pomegranate and mixed seeds

Add: Bacon 179 kcal | Halloumi 234 kcal or Eggs 134 kcal **£2.50**

EGGS BENEDICT £10 682 kcal

Poached eggs, cured ham and harissa hollandaise on GF bread

SALMON AND CREAM CHEESE £10.50 340 kcal

Smoked salmon with a lemon and dill cream cheese and cucumber ribbons. Served on toasted GF bread

BACON ROLL £5.50 473 kcal

With gluten free bap

ALL DAY MENU

FULLY LOADED NACHOS (V) £9.50 957 kcal

Corn tortilla chips, smashed avo, cheese sauce, chipotle salsa, pico de gallo, chopped jalapeños and sour cream topped with cayenne ranch sauce

Add: Pork **£4 123 kcal**

HUMMUS PLATE (V) £6.75 493 kcal

Hummus, olives, feta, pickled red onion and pomegranate seeds with GF bread

EDAMAME (VG) £4 256 kcal

Pan-fried in soy, ginger, garlic and chilli

OLIVES (VG) £4 174 kcal

Mixed marinated olives

PADRON PEPPERS (VG) £4 98 kcal

Pan-fried with sea salt

MAINS

CALIFORNIA BURGER £10.50 660 kcal

Herby grilled chicken, smashed avo, coriander, spring onion, chilli and mayo. Served in a gluten free bun

CLASSIC CHEESE BURGER £10 716 kcal

Grilled beef patty, mature Cheddar cheese, red onion, tomato and Giraffe burger sauce. Served in a gluten free bun

PINK CAESAR SALAD £9.50 426 kcal

Baby gem, tomatoes, Parmigiano Reggiano crisps, boiled egg, beetroot and smoked Caesar salad dressing

Add: Chicken **£4 183 kcal** | Halloumi **£2 192 kcal**

SIDES £4

GARDEN SALAD (VG) 104 kcal

CUCUMBER SALAD (V) 69 kcal

MISO AND TORAGASHI SLAW (V)

177 kcal

PUDDINGS £6.25

APPLE CRUMBLE (VG) 498 kcal

Apple compote with our homemade nut crumble topping. Served with vegan vanilla ice cream

WARM CHOCOLATE BROWNIE (V)

477 kcal

With strawberries, melted chocolate and vanilla ice cream

ICE-CREAMS (V)

Three scoops of...

Choose from:

Salted Caramel 178kcal

Chocolate 212 kcal

Strawberry 172 kcal

Vanilla 157 kcal

Vegan Vanilla (vg) 154 kcal

KIDS MENU

BREAKFAST

MINI BREAKFAST PLATE £3 from 389 kcal

Bacon, baked beans, gluten free bread and eggs (fried or scrambled)

DESSERTS

SEASONAL LOLLIPOPS (VG) 125 kcal

Fresh fruit skewers with chocolate dipping sauce

CHOCOLATE BROWNIE (V) 343 kcal

Add: Ice Cream for 50p

MAINS

£6 MAIN, PUDDING & SOFT DRINK. ADD £1 FOR A SMOOTHIE

BURGER

Choose herby chicken 417 kcal or beef burger 360 kcal in a gluten free bun with mixed veg

TROPICAL FRUIT ICE LOLLY (VG) 39 kcal

100% organic and no added sugar

ICE-CREAMS (V)

A scoop of...

Choose from: Salted Caramel 178 kcal

Chocolate 212 kcal

Strawberry 172 kcal

Vanilla 157 kcal | Vegan Vanilla (vg) 154 kcal

Giraffe does not offer a total gluten-free environment, as we use gluten in our bread and some of our kitchens. This menu has been adapted to ensure that gluten is not an intentional ingredient within a dish. Steps are taken to minimise any risk of cross-contamination, however we cannot guarantee the total absence of any allergen. Please discuss with your server.

If you have any food allergies or intolerances, please let your server know before ordering.
v - Suitable for vegetarians | vg - Suitable for vegans. Full dietary information can be found on our website. Calorie information is calculated using typical values and meal sizes. A typical adult needs 2000 calories a day.



Full dietary information can be found by scanning the QR code.

